

Summer Tumbling Session

May 6th — August 1st

Session Starts: May 6th Ends: August 1st
Make up days: June 21st & July 26th 6:00pm -7:00pm

Tumbling Class :	Monday	Tuesday	Wednesday	Thursday	Session Rate
Tots Tumbling Ages 4-6		4:00-4:45pm		4:00-4:45pm	\$180.00
Level 1	5:00-6:00pm 6:00-7:00pm	5:00-6:00pm	5:00-6:00pm	6:00-7:00pm	\$180.00
Level 2	6:00-7:00pm		6:00-7:00pm	5:00-6:00pm	\$180.00
Level 3	6:00-7:00pm	6:00-7:00pm	6:00-7:00pm		\$180.00
Level 4	7:00-8:00pm	6:00-7:00pm		6:00-7:00pm	\$180.00
Level 5	7:00-8:00pm			6:00-7:00pm	\$180.00
Stunt Class		6:00-7:00pm			\$200.00

Tots Tumbling: This class is for athletes ages 4 years old to 6 years old, who are beginning to learn the basics of tumbling. In this class students will learn body awareness, motor skills, hand eye coordination, basics of tumbling as well as learning to take direction in a group setting.

Level 1: This class is perfect for first time tumblers! Athletes will learn: handstands, cartwheels, Round-off, forward rolls, Back-walkovers, Front-walkovers, Dive-rolls, round-off rebounds, and other progressive skills for advancement.

Level 2: This class is for athletes that can demonstrate a Round-off rebound, Back-walkover and Front-walkover. Athletes will learn: Standing/Running Backhand Springs, connecting various skills to back handspring.

Level 3: This class is for athletes that can demonstrate a Standing: Double Back-handspring, Running: Round-off multiple back handspring. Athletes will learn: Standing Tucks, Punch Fronts and running tumbling to tucks.

Level 4: This class is for athletes that can demonstrate a running tumbling to tuck, and Standing Tucks. Athletes will learn: Standing/running tumbling to layout, combination skills to layout and progressions to level 5 tumbling.

Level 5: This class is for athletes that can demonstrate tumbling progressions from Intro - level 4 tumbling. Athletes will learn: Running tumbling to Full Twisting Layout, Standing/BHS to Full, Arabians and other level 5 tumbling skills.

SPRING SESSION REGISTRATION AND FEE SUMMARY(\$50 Reg. Fee/ \$75 for Family)

*Family Contact:		*Contact Phone Number:		
Athlete's Name:	Class(es)	Day(s)	Time(s)	Session Fee/Reg. Fee
Ex. Sally Walker	Level 1(6-12)	Monday	4-5pm	180.00+50.00

*** \$140.00 for Allstar Athletes & 2nd Class Sign-ups***

Cash

Card

Check # _____

AMOUNT OWED _____